

# Patient Lifestyle Questionnaire

Thank you for taking a few minutes to complete this questionnaire.  
The information you provide will help us to better understand your vision care needs.

## CURRENT STATUS:

How many pairs of prescription glasses do you currently use? \_\_\_\_\_

If you wear single vision glasses are they (Please check one)

\_\_\_\_For distance only    \_\_\_\_For reading only    \_\_\_\_I switch between a pair for distance  
and a pair for near

Do you wear Bifocals? \_\_\_\_\_ Trifocals? \_\_\_\_\_ Progressive (Noline)? \_\_\_\_\_

Do you use Over the Counter Readers? \_\_\_\_\_ Which power? \_\_\_\_\_

Are you interested in or have you worn lenses that darken in sunlight? \_\_\_\_\_

Do you have sunglasses? \_\_\_\_\_ Are they polarized? \_\_\_\_\_

Do you wear Contact Lenses? If so, what style? Disposable? \_\_\_\_\_ Extended Wear? \_\_\_\_\_

Gas Permeable? \_\_\_\_\_ Bifocal? \_\_\_\_\_ Unsure \_\_\_\_\_

Are you interested in wearing contact lenses? \_\_\_\_\_

Are you bothered by bright light or reflection? \_\_\_\_\_

Are there times you would not like to wear glasses/contacts? \_\_\_\_\_ Are you interested in **Lasik** surgery? \_\_\_\_\_

## OCCUPATION:

At work, do you read small print? \_\_\_\_\_ Do you perform fine or up-close work? \_\_\_\_\_

Are you outdoors all or part of the time? \_\_\_\_\_

How much time do you spend each day on a computer? (Please circle one)

None                      1-2 hrs.                      3-6 hrs.                      More

Do you participate in any sports or recreational activities?    Yes    No

If yes, what kind? (Please check all that apply)

\_\_\_\_Golfing    \_\_\_\_Gardening    \_\_\_\_Skiing/Snow Sports    \_\_\_\_Hiking    \_\_\_\_Fishing

\_\_\_\_Jogging/Walking/Aerobics    \_\_\_\_Motorcycle    \_\_\_\_Boating/Water Sports

\_\_\_\_Biking/Cycling    \_\_\_\_Team Sports    \_\_\_\_Other (Please specify) \_\_\_\_\_

## What are your indoor hobbies?

\_\_\_\_Reading    \_\_\_\_Arts/Crafts    \_\_\_\_Sewing/Knitting    \_\_\_\_Other (Please Specify) \_\_\_\_\_

Are you aware of the serious eye conditions that can develop from over exposure to UV rays? Y/N

Patient Name: \_\_\_\_\_